

# SHIBA Program for RPEC

08/22/2025



# SHIBA Program Manager

Tim Smolen
SHIBA Program Manager
360.725.7091
tim.smolen@oic.wa.gov



### Preview

- introduce our Medicare OEP jumpstart toolkit
- highlight three (3) scenarios that apply to most RPEC members
- talk about changing plans or switching from one system of care to the other
- explain Medicare Savings Program
- invite you to be trained as SHIBA volunteer



# Medicare OEP jumpstart toolkit





### Order one, now

<a href="https://prtonline.myprintdesk.net/DSF/SmartStore.as">https://prtonline.myprintdesk.net/DSF/SmartStore.as</a>
<a href="px#!/Storefront">px#!/Storefront</a>



# Medicare Open Enrollment Period

- Your Medicare <u>entitlement</u> is <u>not</u> changing; this is about is the insurance that pays after Medicare, your **secondary** insurance.
- The choices you have depend upon the kind of insurance - in addition to Medicare - that you have now.



in your plan?  Name of your plan:		
Providers	Y/N	
Drug coverage	Y/N	
Copay	Y/N	
Deductible	Y/N	
Premiums	Y/N	
Other: (i.e: you lost coverage)	Y/N	



### **Entitlement means**

Your Medicare entitlement is Medicare Part A and Medicare Part B.

- Part A is hospital or inpatient benefits.
- Part B is medical or outpatient benefits.

You have this insurance for the rest of your life.



## Why additional insurance?

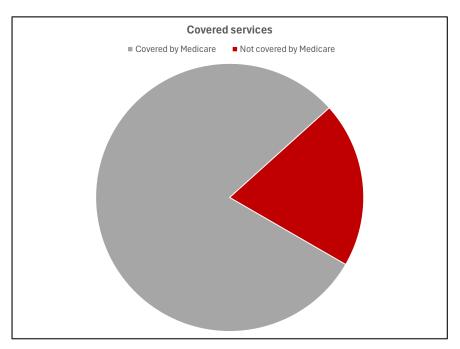
- Medicare benefits are <u>not</u> comprehensive.
  - For example, there is not coverage for prescription drugs.
- Medicare benefits have <u>significant</u> out-of-pocket costs.
  - I mean deductibles, co-insurance and copayments for both Part A and Part B.

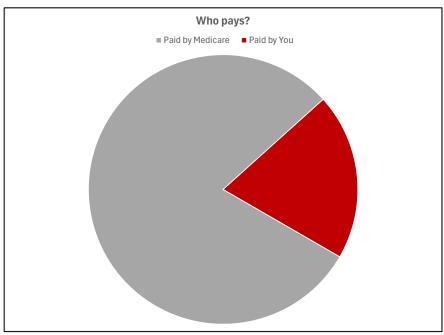


# Medicare is 'major medical' insurance

#### Does <u>not</u> cover all benefits

#### Does <u>not</u> pay 100%







### Does not cover all benefits

When you were working, you had coverage for things like vision, dental, hearing, and other medical treatments.

Medicare coverage is <u>not</u> as complete as that.



### Does not pay 100%

This can be ten's of thousands of dollars per year, without more insurance.

For example, 20% of the cost of a doctor's office visit, without additional insurance after Medicare.



### Scenarios for most RPEC members



### Scenarios in the "Toolkit"

 Scenarios 4.1 and 4.2 are for people with a commercial market plan

Scenario 4.4 is for people with a retiree group health plan



### Commercial market plan

- Commercial market plans are offered to anyone with Medicare, by private insurance companies.
- This is going to be people that don't have the option of a retiree group plan or didn't choose that option, for whatever reason.



# Retiree group health plan

- Many people have the option to join a group plan offered by a former employer or union.
  - You might be the person who worked the subscriber - or you might be a dependent of that person and be included in their plan.



# Change plans or switch systems



# Two Medicare Systems

#### **Original Medicare**

Medicare Part A

Medicare Part B

Medicare Part D

Medicare Supplement Plan "Medigap" plan

# Medicare Advantage a/k/a "Medicare Part C"

Medicare Part A

Medicare Part B

Prescription Drug Coverage

Extra Benefits



### You choose

#### Original Medicare

 You can use any doctor or hospital that takes Medicare, anywhere in the U.S

#### Medicare Advantage

- You can only use doctors who are in the plan's network.
- Plans have different out-of-pocket costs than Original Medicare.
- You may need to get approval from your plan before it covers certain drugs or services.
- Plans offer extra benefits.



### Scenario 4.1

A person who has Medicare Part A and Medicare Part B and - for their additional insurance- they have a Medicare supplement plan and a Medicare Part D prescription drug plan.





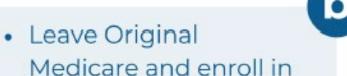
#### Medicare Part D + Medigap

During Medicare Open Enrollment Period (Oct. 15 - Dec 7)

#### You have two options:

a

 Change your Medicare Part D Prescription Drug Plan.



Medicare and enroll in a Medicare Advantage plan in your county.



# Let's unpack that

- The Medicare supplement plan helps with the outof-pocket costs for services covered by Part A and Part B: deductibles, co-insurance, co-pays.
- The Medicare Part D plan provides insurance for prescription drugs.



### Menu of insurance cards

#### These beneficiaries have

- their red/white/blue Medicare card and they have
- an insurance card for the Medicare supplement
- an insurance card for the Medicare Part D plan







### **Payments**

- Medicare Part B social security check
- Medigap plan private insurance
  - Regulated by State
- Medicare Part D private insurance, under annual contract with Medicare
  - Regulated by federal government



### **Medicare OEP**

- Change your Medicare Part D plan
- Switch to a Medicare Advantage plan



# Change Medicare Part D plan

Changing your Medicare Part D plan means use the Plan Finder tool at <a href="www.medicare.gov">www.medicare.gov</a> to find the best plan, based on the drugs your need and the pharmacies you prefer.



# Switch to a Medicare Advantage plan

Please use the Plan Finder tool at the Medicare web site.

- The key is to make sure you can continue with your doctor and hospital and other specialists.
- Talk with the business office for your health care providers - don't just rely on the directory that the health plan publishes.



### Scenario 4.2

A person who has Medicare Part A and Medicare Part B and - for their additional insurance- they have a Medicare Advantage plan with prescription drug coverage included.





#### Medicare Advantage/ Prescription Drug Plan

During Medicare Open Enrollment Period (Oct. 15 - Dec 7)

#### You have two options:

a

- Leave Medicare
   Advantage and enroll in Original Medicare.
  - Choose a Medicare
     Part D plan.
  - Enroll in a Medigap plan.

 Switch to a different Medicare Advantage Plan in your county.





## Medicare Advantage

The Medicare Advantage plan helps with the out-of-pocket costs for services covered by Part A and Part B: deductibles, co-insurance, co-pays.

The Medicare Advantage plan also provides insurance for prescription drugs.



### Menu of insurance cards

- These beneficiaries have their red/white/blue
   Medicare card, but they typically don't use that.
- Instead, they use the MA-PD card at the pharmacy and for hospital and doctor services and supplies.







### **Payments**

- Medicare Part B social security check
- Medicare Advantage plan, with drug coverage private insurance, under annual contract with Medicare
  - Regulated by federal government



### Medicare OEP

- Switch to Original Medicare get a Medigap plan and a Medicare Part D plan
- Change your Medicare Advantage plan



# Switch to Original Medicare

- For most people, you will need to apply for a
  Medigap plan and get a letter saying that you
  have been accepted **before** you drop your MA-PD
  plan.
- There are some <u>limited</u> exceptions for people who have what are known as a trial right period. You can ask us about that.



# Standard Medigap Plans

Plans available to all Medigap applicants								
Basic benefits	Α	В	D	G*	K	L	M	N
Part A: Hospital coinsurance (plus costs up to an additional 365 days after Medicare benefits end)	✓	~	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	✓	✓
Part A: Hospice care coinsurance or copay	✓	✓	✓	✓	50%	75%	✓	✓
Part B: Coinsurance or copay	✓	✓	✓	✓	50%	75%	✓	<b>√</b> ***
Medicare preventive care Part B coinsurance	✓	✓	✓	✓	✓	✓	✓	✓
Parts A & B: Blood (first 3 pints)	✓	✓	✓	✓	50%	75%	✓	✓
Additional benefits	Α	В	D	G*	K	L	M	N
Skilled nursing facility care coinsurance			✓	✓	50%	75%	✓	✓
Part A deductible: \$1,632		✓	✓	✓	50%	75%	50%	✓
Part B deductible: \$240								
Part B excess charges				✓				
Foreign travel emergency (lifetime limit of \$50,000)			80%	80%			80%	80%
Out-of-pocket yearly limit**					\$7,060	\$3,530		



# Approved companies and rates (sample)

Company	Pre- X <sup>1</sup>	Health screen <sup>2</sup>	Standardized benefit plans & monthly costs								
United American Insurance Co 1-800-755-2137			Α	В	D	G	К	L	М	N	
Age 65 and older	Yes	Yes	\$171	\$256	\$274	\$264				\$218	
With a high deductible	Yes	Yes				\$48					
Under age 65 Medicare disability	Yes	Yes		\$482							
UnitedHealthcare Insurance Co (AARP) <sup>3</sup> 1-800-523-5800		Α	В	D	G	K	L	М	N		
Age 65 and older	No	Yes	\$200	\$295		\$288	\$92	\$203		\$ 236	
Medicare Select Plan*	No	Yes				\$273				\$224	
United World Life Insurance (Mutual of Omaha) 1-800-667-2937		Α	В	D	G	K	L	М	N		
Age 65 and older	No	Yes	\$208			\$316				\$221	
With a high deductible	No	Yes				\$56					
<b>USAA</b> 1-800-531-8722			Α	В	D	G	K	L	М	N	
Age 65 and older	No	Yes	\$135			\$264	·			\$194	



#### Helpful overview

# What you need to know about Medigap (Medicare Supplement) plans

The information contained in this publication is specific to Washington state rules and laws.





## Change Medicare Advantage plan

Please use the Plan Finder tool at the Medicare web site.

- The key is to make sure you can continue with your doctor and hospital and other specialists.
- Talk with the business office for your health care providers - don't just rely on the directory that the health plan publishes.



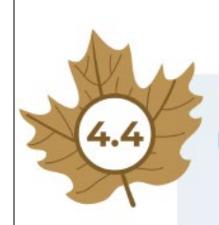
#### Scenario 4.4

A person with a retiree group health plan.

For many RPEC members this will be the Washington State Health Care Authority (HCA) PEBB plans. (PEBB = Public Employees Benefits Board).

 I'm not going to talk about PEBB plans in detail today because RPEC has excellent resources on their web site.





#### **Employer Group Plan**

Know your plan's open enrollment window.

It might not be (Oct. 15 - Dec 7)

#### You should probably stay with your Employer Group

a

Your group may offer more than one option.

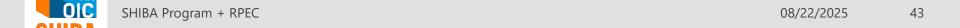
Check out the options.



You could leave your group and choose a commercial market plan.







#### Scenario 4.4 / Option A

 Learn about changes for the plan you have now, so you can get the most value out of it in the year ahead

 If the group offers more than one choice, check out other the options compared to the one you have now



#### Scenario 4.4 / Option B

 Be sure to understand what's the same and different about your retiree group health plan compared to a commercial plan

 Check out whether you can get financial assistance from the State for your Part B premium or Medicare Part D costs



# **Evidence of Coverage**

#### Review the **details:**

- covered benefits
- cost sharing
- provider networks
- covered Rx drugs
- total out-of-pocket costs



# Medicare Savings Program



# Medicare Savings Program – Extra Help



#### Medicare Savings Program

- If you are eligible, you'll get back the monthly Medicare Part B premium: that's \$185/month in 2025.
- Even if you don't qualify, you might know another person with Medicare that needs to know.
  - You can let them know and maybe even help them to apply.



# SHIBA volunteers



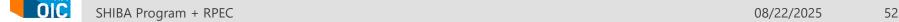
#### SHIBA volunteer

- Help people navigate the challenges of this health care and insurance system.
- Help people get access, save money, and feel more secure about their health and finances.



#### Summary

- introduced our Medicare OEP jumpstart toolkit
- highlighted three (3) scenarios that apply to most RPEC members
- talked about changing plans or switching from one system of care to the other
- Medicare Savings Program
- invited you to be trained as SHIBA volunteer





#### Contact us



